Author Guidelines for Osteo Life and Educational Content

Osteo Life is the member magazine for members of Osteopathy Australia, published quarterly in print and online.

Content produced for Osteo Life magazine may be published on online and use for other digital communications such as social media.

Osteo Life content forms an integral part of our wider educational content, including eLearning and webinars.

Clinical articles

2000 words and high-resolution images

Articles should include a background paragraph that puts the subject into context, a paragraph that explains the aims of the article and a concluding paragraph to summarise the topic. Authors should also submit 5 key learning outcomes that readers will get from the article.

Articles should include subheadings, tables and text boxes, flowcharts, where appropriate. Articles should be illustrated with clear images with captions; if appropriate, include video footage if this shows the clinical signs/techniques better than still images and we will link to this in the online version of the article.

Articles should include:

- A box on 'When to refer'
- Evidence-based research/references to back up information in the article
- A box on tips and advice for patients

Important notes

- Any therapeutic or benefit claim must be backed by credible references.
- Likewise, if a certain diagnostic assessment tool is being used over others, appropriate references must be provided.
- If not referenced, authors will need to clearly outline why their approach is relevant in their opinion.

Articles should include a short biography for all authors together with a good quality, high-resolution, front facing, head and shoulders images of each author.

Management articles

1500 words and high-resolution images

Articles should include a background paragraph that puts the subject into context, a paragraph that explains the aims of the article and a concluding paragraph to summarise the topic. Authors should also submit 5 key learning outcomes that readers will get from the article.

Articles should include subheadings, tables and text boxes, flowcharts, where appropriate. Articles should be illustrated with clear images with captions; if appropriate, include video

footage if this shows the clinical signs/techniques better than still images and we will link to this in the online version of the article.

Articles should include a short biography for all authors together with a good quality, high-resolution, front facing, head and shoulders images of each author.

General information

Submission

Most articles published in Osteo Life are commissioned by the Osteopathy Australia Editorial and Education Advisory Group. However, we are happy to consider suggestions for articles. These should be emailed to comms@osteopathy.org.au and be accompanied by a brief (up to 200-word) synopsis.

Files

The main text file should be in Word format and include:

- Main body of the article
- References (see style below)
- Acknowledgements
- Conflict of Interest statement, if required

Images

All images should be submitted as high-resolution files. High-resolution images are images that are:

- 300dpi if possible, but no less than 150dpi
- At least 15cm wide
- At least 2MB in file size

Articles and images should be sent to comms@osteopathy.org.au

Reference style

Osteo Life uses Harvard reference style.

- In the text give the author's name followed by the year in parentheses: Smith (2000).
- If several papers by the same authors and from the same year are cited, a,b,c etc should be inserted after the year of publication.
- In the reference list, references should be listed in alphabetical order.
- Reference to unpublished data and personal communications should not appear in the list but should be cited in the text only (e.g. Smith A, 2000, unpublished data).

See below for examples of reference content requirements.

Reference examples

Journal Article

Benjamin van Rooij B, Stern RE and Fürst K (2014) The authoritarian logic of regulatory pluralism: Understanding China's new environmental actors. Regulation & Governance 10: 3-13. **https://doi.org/10.1111/rego.12074**

Book

Fujita M, Krugman P, Venables AJ (2001) The Spatial Economy: Cities, Regions, and International Trade. MIT Press, Cambridge, MA.

Electronic material

Cancer-Pain.org [homepage on the internet]. New York: Association of Cancer Online Resources, Inc.; c2000–01 [Cited 2015 May 11]. Available from: http://www.cancer-pain.org/.

Peer-review

All clinical articles will undergo peer-review (single-blind, which means authors will not be told who is reviewing their article).

All articles (clinical and management) will be reviewed by the Editorial and Education Advisory Group.

There is no guarantee that an article will be accepted and published. All articles are subject to editing and formatting.

Proofs

Once your article has been accepted for publication, the editorial office will be in touch to keep you informed of the schedule for sending proofs to you.

Copyright

All articles will be copyright of Osteopathy Australia. You will retain copyright for your images.

If you want to reproduce copyrighted images/artwork from other sources, you must obtain written permission from the copyright holder before submitting the article to us.

Further information

Osteopathy Australia

Email: comms@osteopathy.org.au

Telephone: (+61) 02 9410 0099

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eLearning

There may be an opportunity for further content to be developed based on your Osteo Life article by creating a series of eLearning modules.

Authors should contact cpd@osteopathy.org.au to discuss the:

- Consultation process and responsibilities
- Purpose of proposed module(s)
- Learning outcomes for osteopaths related to proposed module(s)
- Osteopathy Australia educational content requirements, including the use of interactive resources and assessment

Further information

Osteopathy Australia

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Webinars

Osteopathy Australia holds a minimum of two webinars per month from February to November each year.

Webinars are usually held on a Tuesday or Wednesday evening from 7.30pm to 9pm. We generally recommend webinars are composed of a presentation (60 minutes) and Q&A (30 minutes) session. All webinars are recorded and available to watch OnDemand.

Osteopathy Australia uses the Zoom platform to run webinars. All presenters will need access to a webcam, microphone, laptop or desktop computer and a strong internet connection.

The main aim of our webinars is to educate our members on an important aspect of osteopathic practice. The webinar should not be used for sales purposes. It is also important that presenters seek to engage participants through the session using questions, polls and multimedia resources.

Once a topic and format for the webinar has been agreed, webinar presenters will need to:

- Send through the details of your webinar to cpd@osteopathy.org.au, including a short synopsis, personal bio and headshot.
- Organise a short 15- to 30-minute online training session with Osteopathy Australia **at least a week prior to your webinar** to become familiar with the Zoom webinar platform.
- Provide a PowerPoint presentation, videos (in MP4 format), polls, and at least five review questions to Osteopathy Australia 48 hours before webinar.
- Meet online with Osteopathy Australia 30 minutes before your live webinar to ensure there are no logistical or technical problems.
- Present live webinar.

Further information
Osteopathy Australia
Email: cpd@osteopathy.org.au
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