

# Participant Information Statement

Program participant



## *Research Study: Evaluation of the acceptability and feasibility of pain management education following motor vehicle accident injury.*

Associate Professor Claire Ashton-James (Responsible Researcher)

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### 1. What is this study about?

We are conducting a research study about understanding people's experiences, views and feedback on a telehealth delivered program that is targeted to people who have had a road traffic accident. This is a newly developed program that is facilitated by experienced allied health providers. The goal of the program is to provide people with support following an accident or injury. Taking part in this study is voluntary.

Please read this sheet carefully and ask questions about anything that you don't understand or want to know more about.

### 2. Who is running the study?

The study is being carried out by the following researchers:

- Associate Professor Claire Ashton-James, Specialty of Pain Medicine, Sydney Medical School, Faculty of Medicine and Health.
- Dr Ali Gholamrezaei, Specialty of Pain Medicine, Sydney Medical School, Faculty of Medicine and Health.
- Associate Professor Trudy Rebbeck, Physiotherapy Department, School of Health Sciences, Faculty of Medicine and Health.
- Alison Sim, PhD student, Specialty of Pain Medicine, Sydney Medical School, Faculty of Medicine and Health.

Alison Sim is conducting this study as the basis for the degree of a PhD program at The University of Sydney.

This study is being funded by a grant from the TAC through the Value-Based Healthcare Grant Scheme. Alison Sim is being supported by a grant from the Pain Foundation LTD, A charitable organisation. Alison Sim is based in Victoria and is undertaking her PhD through the University of Sydney.

### **3. Who can take part in the study?**

We are seeking people 18 years or over who have experienced an injury following a road traffic accident in the last 16 weeks and who are interested in receiving education and support delivered via telehealth. You will be asked to complete a survey which will indicate if you are eligible to participate in the study. If the survey indicates that you are not eligible you will be guided to some helpful online resources.

### **4. What will the study involve for me?**

If you decide to take part in this study following completion of the eligibility survey, you will be asked to complete a form indicating your consent to participate in the study and providing your contact details. A researcher will then be in contact with you to further discuss the program with you and organise your telehealth sessions. You will attend 6 telehealth sessions of roughly an hour duration each, over a period of 6 weeks. The program will be delivered by an experienced health practitioner.

At the end of the program you will be interviewed by a researcher via zoom about your experiences with the program. This interview will last around 30 minutes and will be recorded (audio only) and transcribed. The interview transcript will be de-identified and analysed as part of the data gathering process.

### **5. Can I withdraw once I've started?**

Being in this study is completely voluntary and you do not have to take part.

Your decision will not affect your current or future relationship with the researchers or anyone else at The University of Sydney.

You may refuse to answer any questions in the final interview that you do not wish to answer.

You can withdraw from the study and your data can be withdrawn up until the point of de-identification and analysis of the data. If you choose to withdraw, we will not collect any more information from you. Please let us know at the time you withdraw what you would like us to do with information we have collected about you up to that point.

### **6. Are there any risks or costs?**

Aside from giving up your time, we do not expect that there will be any risks or costs associated with taking part in this study.

### **7. Are there any benefits?**

We cannot guarantee that you will receive any direct benefits from participating in the study. The program is designed by facilitators and researchers who work in the area of

road traffic accident treatment. It is designed to provide additional support during the time following injury.

## **8. What will happen to information that is collected?**

By providing your consent, you are agreeing to us collecting information about you for the purposes of this study.

Any information you provide us will be stored securely and we will only disclose identifiable information with your permission, unless we are required by law to release information. We are planning for the study findings to be published.

You will not be individually identifiable in these publications.

Information about your demographic information taken at the start of the program, together with the audio recordings from the interview and the transcripts from this will be stored in encrypted, password protected platforms that are supported by The University of Sydney. Only the researchers will have access to this.

The information gathered may be used in future research projects. We will seek ethics approval for the use of this information.

At the end of the research storage period (5 years) the data will be electronically destroyed.

## **9. Will I be told the results of the study?**

You have a right to receive feedback about the overall results of this study. If you are interested in learning about the results of the study, including any publications you may indicate this in the survey prior to beginning the program or during the interview on completion of the program.

## **10. What if I would like further information?**

When you have read this information, the following researcher/s will be available to discuss it with you further and answer any questions you may have:

Alison Sim, Ph +61 294631 1528 or email [asim6928@uni.sydney.edu.au](mailto:asim6928@uni.sydney.edu.au)

## **11. What if I have a complaint or any concerns?**

The ethical aspects of this study have been approved by the Human Research Ethics Committee (HREC) of The University of Sydney [INSERT HREC Approval No. once obtained] according to the *National Statement on Ethical Conduct in Human Research (2007)*.

If you are concerned about the way this study is being conducted or you wish to make a complaint to someone independent from the study, please contact the University:

Human Ethics Manager  
[human.ethics@sydney.edu.au](mailto:human.ethics@sydney.edu.au)

+61 2 8627 8176

*This information sheet is for you to keep and can be downloaded*